

**The Adamski and
Menger Series:
Sermon On The Mount:
An Anti-Evil ET
Guidebook Anyone
Can Use To Peacefully
Defeat Evil ET's (Also
For Targeted
Individuals)**

By Lucus Louize

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Contact: adamskimengerfryteachings@yahoo.com

**Dedicated to God (Galatians 6:7) and the
Confederation brothers and sisters**

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Introduction and How Anyone Can Contact the Confederation (George Adamski and Howard Menger and other contactee's Space Friends)

Who Exactly Are the Space Friends?

They are called the Confederation.

In the book To Men of Earth Part 1 by Daniel Fry, there is mention of the space friends organization which is referred to as the Federation, Confederation, Galactic Confederation or Galactic Federation. (Not to be confused with the fake 'channelers' and New Age nonsense by misinformed groups claiming to be a part of the 'Galactic Federation'. Contactees that claim they have insider information about the federation are fake because the real federation would never give highly sensitive information to earth people as we are not part of their organization yet.) In the book 50 Years of Amacizia and Mass Contacts by Stefano Breccia the space friends also call their organization the Confederation. In the book 50 Years of Amacizia, Howard Menger's space friends are believed to be the same group from the same confederation due to the similarity of the ships and the way they taught. Connie Menger (Howard's Wife) also wrote a chapter specifically in support of the Friendship Group. While in Merlin, Oregon, Daniel Fry's wife took pictures of the same kind of bell shaped craft as Adamski photographed. The Confederation are interested in Earth, because as mentioned in Inside the Spaceships by Adamski, Earth is within their territory.

The Alliance refers to them as the Confederation on their TerraKor Files website. The truth about the galaxy is not all sweetness and

light. The reality is much darker and much more disturbing. Within our quadrant of the galaxy there is literally an interstellar war being waged at the time this is being written (2019). There are 23 planets involved in the conflict. One of them is Earth. (Please see: 'Overview of the Omegan Situation' from brother Bob's excellent TerraKor Files Alliance-Terran Official website)

Our little planet is within Confederation territory. The Confederation are the galactic friends of Earth who contacted George Adamski, Howard Menger, Daniel Fry, Buck Nelson, this author, and where the Italian W56 however the Confederation contactees Adamski, Menger, Fry , Nelson, and others, had their memories manipulated by an evil group known as the Omegans. to make them think the Confederation comes from Venus or other local planets in order to discredit the Confederation contactees message. (Please see the 'Spurious Contacts Files' on the TerraKor Files site)

The Omegans were originally ambitious disaffected Confederation activists who disagreed with Confederation policy including the Non-Interference Directive. Overtime the Omegans became rebels and organized into a sort of galactic covert imperialist group taking over planets that contained a certain level of technological development coupled with generally immoral culture through infiltration. The Omegans then develop and use the technology and immorality of the planet's populace to their own ends with the ultimate goal of using the planet's people to attack confederation worlds through way of the Omegan's guiding the world's technological developments to attack the Confederation. (Please see 'Overview of the Omegan Situation: Section 3 Bulletin Board Posts' on the TerraKor Files site)

In short, the Omegans are parasitic and try to control the planet like a parasite controls its host.

The Non-Interference Directive prevents the Confederation from getting more involved to deal more directly with this threat since Earth is not a member of the Confederation. The Omegans have taken advantage of this rule and have used it greatly to their

advantage. The Omegans are also backed by a criminal group known as the Syndicate who does not offer military support but does offer support in other ways. The Syndicate had enlisted the Omegans as an arm to attack and gain footholds in Confederation territory.

In the 1980's the Omegans formed a pact with another ruthless group with a large military force known as the Kalrans.

Who are the good guys in this war?

There is hope. The Confederation as mentioned before are one of the good guys in this struggle. They have heroically combatted the Omegans and other evil groups (50 Years of Amizicia and Mass Contacts) And I have seen them heroically intervene against undercover Omegans in my own life.

There is another good guy group who are also heroes of Earth people known as the Alliance. They have all but abandoned the Non-Interference Directive to combat directly this Omegan/Syndicate threat.

Unlike the Confederation the Alliance has a large advanced military force and they are using it to deal with both the Omegans and the Kalrans. In fact since 2013, the heroic Alliance stopped the main Omegan program here on Earth so their main program is no longer a serious threat (See brother Arkay's Questions and Answers 10-16-2013 on the TerraKor Files website) however the Omegan presence is still deeply entrenched in Earth.

The Alliance has made it clear that under no terms are any Earth people to take up arms and violently resist Omegan control here on Earth because anyone who does so will die. We must leave the physical fighting of the Omegans to the Alliance and the Confederation. The Alliance estimates that within 40-50 years we may see some of the positive changes due to the Alliance presence here. The Alliance is more advanced than the Omegans.

So what can we do?

The Alliance recommends living by and encouraging morals. The Omegans want us fighting each other and creating overall immorality which can be used to their advantage. The more people practice morals, and follow the teachings of Jesus as recommended by the Alliance the more it will support their program. This is the way to support the Alliance.

What can we do in supporting the Confederation? Here is an article I wrote on the subject in previous books but I feel it is valuable enough to reprint here (I also added updated info. to it):

Galactic Federation: Overcoming Gang stalking Electronic Harassment/Evil Omegan and Other Groups (2019) (More Detail) And How Anyone Sincere Can Contact the Confederation

The people behind the gang stalking and electronic harassment are called the Omegans. They originally began as disaffected activists from the Confederation and evolved into a large criminal organization as stated on brother Bob Renaud's Alliance-Terran Communication Center Terrakor website. They are physical evil extra-terrestrials that live undercover in society.

Earth is in Confederation territory. The Confederation are the 'Angels' in the bible and are physical positive extra-terrestrials that live under cover in society. Their undercover agents are here on Earth to be good examples for Earth people to follow and they also protect people from the Omegans. The undercover Confederation agents are open to contacting anyone who sincere in support to them. The claims of Adamski, Menger, and Nelson that the Confederation agents live on Venus was memory manipulation from the Omegans in order to discredit their message. This is stated on the Alliance-Terran Communication Center website under the section the 'Spurious Contacts Files'. The Confederation really come from other parts of the galaxy or universe.

The Alliance are another friendly group on Earth that also live undercover in Earth society however they do not contact anyone except brother Bob.

The Omegans lack a military force to attack the Confederation. The goal of the Omegans was to gradually shape Earth people into becoming a global culture of uncaring immoral people focused on constant warfare and to eventually direct the warfare against the Confederation by staging an attack against the Earth that would cause a significant loss of life then blame the Confederation as the attackers while presenting themselves as the 'heroes'. As stated on the Alliance-Terran website the evil goal of the Omegans has largely been stopped by the Alliance.

However the Omegan presence continues on Earth and they carry out psychological warfare against Earth people in general by indirectly controlling the media or by subtly manipulating politicians and other important people as stated on the Alliance website. I know personally they also carrying out gang stalking and electronic harassment against targeted individuals for various reasons. As the scope of gang stalking is world wide and the sheer numbers it takes to harass each individual it is my belief that there are millions of Omegan agents on Earth. In Mass Contacts Breccia states the CTR's (the Omegans who are not robots that false belief was from memory manipulation they are actual people just like the Confederation though both groups do have autonoman which are biological robots) the Omegans carried psychological warfare such as:

"...altering documents, changing memories, even wiping out somebody's memories, injecting wrong feelings, as easily as if they were showing a movie. Our friends (the Confederation- ed) had often stressed that against all that the only possible defense should consist in a firm will..." as stated in Mass Contacts by Breccia through Bruno Sammaciccia's account. Also follow the Sermon on the Mount as we will soon see.

The Omegans are limited on how they can treat Earth people because of the presence of the Alliance and Confederation on

Earth and because another criminal group called the Syndicate has limited what actions the Omegans can take.

Any Earth people that physically challenge the Omegans will die. They are far more advanced than any Earth society and Earth people are nothing but bugs to them.

So what can Earth people do?

The Omegans are losing to the Alliance and they are intimidated by the Confederation. (I have seen undercover Omegans gang stalking me become intimidated by a single undercover Confederation heroic agent) The optimal situation would be for the Omegans to have to deal with losing to the Alliance, have to deal with being intimidated by the Confederation, and be rendered powerless against psychologically influencing Earth people with their psyops tactics.

How can this be done?

The Omegans have been called the Anti-Christ by the Confederation. Logically therefore people only need to practice the teachings of Christ. Read and follow the Sermon on the Mount the best you can. If the undercover Omegans carry out psychological warfare or electronic harassment against you simply forgive them. When you forgive them you automatically earn the right into heaven (ie. Incarnation into higher planets) and your sins are forgiven as stated in the Sermon on the Mount. Also after you forgive them pray to God that the Confederation and the Alliance continue to win the planet because Jesus said when you pray first forgive others than your sins are forgiven by God then pray for what you want. In this way the Omegan psyops against you (including their perverse use of directed energy weapons attacks) becomes perpetually self defeating for them however you will have perpetual self gain for yourself because the more you forgive the more you prove your worth to God and the Confederation and you can pray for whatever you want and also you can incarnate into higher Confederation worlds while the Omegan pysops have little effect as long as you keep your

willpower. The W56 said willpower is the only defense against evil psyops by the CTRs (Omegans) as stated in Breccia's book Mass Contacts.

How Anyone Can Contact the Confederation:

When you pray ask God for assistance from the Confederation and the Confederation registering discs will pick up your thoughts and they will either influence your subconscious from a distance in moral ways with their technology or they may send an undercover agent to be good examples to you or to protect you from Omegans or other evil. (The Omegans also have technology to read thoughts. The military also has technology to read thoughts as well from technological 'help' influenced by Omegans undercover operatives. However it is important to note the military are being used by the Omegans who infiltrate the military and help to develop their technology, then carry out gangstalking and electronic harassment against their targets. Later the Omegans blame the military which they have infiltrated as cover in cases where victims complain of harassment. So the Earth people in the military are mostly not to blame as they are being influenced and controlled by the Omegans.) The real undercover Confederation agents never channel or give high level intel to any Earth person because they are undercover and we are not members of their group yet. The real undercover agents are physical and not etheric and they radiate powerful joy and friendship energy. We can feel energy from books, pictures, ect. ect. So feel the real Confederation energy from real undercover Confederation agents on the next page (I believe people feel the energy through natural ability alone or with a combination of natural ability and imprinting by the Confederation as well):



(Undercover Confederation operatives)

The Omegans on the other hand radiate no energy or hate or parasite type energies like the undercover Omegan agent in the picture on the next page. It is the man in the suit that is kneeling:



(the undercover Omegan operative is the man kneeling in the center of the photo. Standing next to him is an undercover Confederation operative)

This article is dedicated to the Earth people, to the heroic Alliance especially my heroes brother Bob and brother Arkay and their good teachings on their Alliance site, and most important to me the heroic W56, the heroic Buck Nelson's group, and the heroic Confederation as a whole because I have witnessed them stopping undercover Omegan gang stalking and harassment and more and without them I would likely be dead. It is my hope that by encouraging people to come into contact with the Confederation undercover friends we Earth people can evolve through service and friendship and by following the Sermon on the Mount perhaps the evil forces on Earth will be hard pressed to deal with the Alliance, the Confederation and Earth people whom they cannot control and unintentionally help to evolve. Anyone can incarnate within Confederation worlds in the next life with their Earth memory intact by simply knowing they are not the body but their eternal awareness within their body, know that God is the invisible intelligence that is all people and all things, by

following the Sermon on the Mount which an undercover Confederation friend said was the whole sermon on the mount was the essence of service, and to see the Confederation as friends. At the time of death the Confederation may use the soul transfer machine from a distance as mentioned in Menger's Threads of Light to You and transfer your soul into a new body within Confederation ships or worlds and you will have your memory and personality intact. They also use the soul transfer machine to put the soul into an embryo at a certain stage of development within the womb in order to be born here with their personality and memory in-tact for their mission as an undercover operative here on Earth. The Omegans also have the same capability and technology.

Where Does the Confederation Actually Come From?

In all the 1950's contactees books, they mentioned that the space friends came from Venus ect. The Alliance have stated the memories of the contactees were manipulated by the Omegans in order to discredit their message. Breccia also mentioned this in the book Mass Contacts.

Sammaciccia writes: The opposing groups would use their technology to do things to the Confederation contacts like: "... altering documents, changing memories, even wiping out somebody's memories, injecting wrong feelings, as easily as if they were showing a movie. Our friends (the Confederation- ed) had often stressed that against all that the only possible defense should consist in a firm will..."

So for this reason, as stated by another friendly group here on Earth besides the Confederation, some of the things the federation contactees claim (especially the 1950's contactess) does not make sense. The altering of thoughts or memories by

opposing groups is a reason why as stated earlier.

The Non-Interference Directive of the Galactic Federation prevents them from directly intervening in our society in large scale except when Earth civilization as a whole is threatened such as the hey day of potential nuclear war in the 1950's (the contactees like Adamski, Menger, Fry, Nelson, ect) and during the 1950's-1970's when evil ET's were threatening Earth civilization to enough of an extent that the Federation was allowed to intervene. The 1950's contactees having wrong information about where the Galactic Federation come from is not a direct threat to Earth civilization as a whole so the Non-Interference Directive prevents them from intervening to clear up the misinformation.

Also there are NOT 12 planets in each star system. This was falsely stated in Adamski's book Inside the Spaceships which was also due to Omegan memory manipulation against Adamski to further discredit the Confederation message in addition to the false claims they are natives from Venus or any other planet in our solar system. In reality many star systems have different numbers of planets orbiting their stars.

So what planets do the Galactic Federation really come from so we can potentially incarnate on those planets?

The only contact of the Alliance (brother Bob Renaud) was involved in the creation of a book titled Flying Saucers Close Up that published a Master List of Planets. In time it was found that the first Master List had been manipulated so the Alliance had updated the list in 2008 titled The Master List of Planets Volume 2.0 on the TerraKor Files site.

Here is a short list of some of the planets the Galactic Federation is from so we can better appreciate the presence of the Federation and the Alliance on this planet:

Star system: ALPHA AQUILAE (ALTAIR), Planets: Korelia and Sulderel. There are 5 planets in the system. The 2 mentioned before are colonized by the Galactic Federation. The other 3 have temporary outposts.

Star System: EPSILON CANIS MAJORIS (ADHARA). There are 5 planets. The 2nd, 3rd, and 4th planets have Galactic Federation colonies. This is a blue star system.

Star System: ALPHA PERSEI (MIRPHAK). There are no planets however the Galactic Federation has an artificial planet in orbit. (Daniel Fry's Confederation contacts live in a giant artificial planetoid ship that orbits the star and their bodies radiate similar peace energy that the star radiates.)

Star System: ALPHA BOOTIS. Arcturus. Arcturia is a dual membership planet of both the Galactic Federation and the Alliance as stated by the Alliance TerraKor Files site in the article online titled 'Korendians on the Internet' 4-7-2009'.

Star System: KORENA, Korena. The main Alliance group here on Earth come from the star system KORENA from the planet Korendor.

Take a moment and appreciate these planets and the people on them in the night sky. Then send thanks to God for the Federation and the Alliance for being here on Earth and ask God to help them with to be successful with their missions on Earth.

Lastly what type of economy does the Confederation and Alliance use?

The Alliance economy is described in brother Arkay's article titled 'Universal Economics' in the 'Arkay Files series 3' on the TerraKor Files site. Essentially Universal Economics is very similar to what is called on Earth 'American Mutualist economics' by writers such

as Benjamin R. Tucker and his journal 'Liberty'. The Mutualist economy is a market system similar to Capitalism however unlike Capitalism unearned income in the form of absentee landlordism, high interest rates from banks, and employer that pay their employees a wage less than their full value do not exist in Mutualist economics as they do in Capitalist economics. As in Tuckers Mutualist economics and as in Universal Economics absentee landlordism and high interest in bank loans do not exist. In addition both Tucker and Universal Economic system try to give equality of opportunity to the market. Tucker's way is to support the creation of Mutual Banks that would offer interest on loans at less than one percent so anyone can go into business for themselves. This would force employers to offer higher wages to entice workers to work for them thus raising wages to their full value and hence workers would receive their full value by their employers. Tucker also believed everyone should own land they live and work on only which is called 'occupancy and use'. In the Universal Economics system, the citizens are given a place to live and free basic staples like free clothing and food. Since the citizens already have their needs to survive met, they too would not settle for employers offering low wages hence employers would raise wages to entice workers to work for them therefore the workers receive their full value in wages. Also the citizens of Universal Economics do not pay taxes while in Tucker's America Mutualist model taxation is voluntary. As can be seen, Tucker's American Mutualism is very similar to Universal Economics. The Confederation uses a similar system as well though as brother Arkay notes they do not call it UnEc. (Universal Economics). For more information on Tucker's American Mutualism please see: Instead of A Book by Benjamin Tucker.

Defeating Evil ET's Peacefully: The A.B.T.G. Method For Future W56 Contactees and Targeted Individuals

Introduction:

Earth is within the territory of the Galactic Federation. (please see Adamski's Inside the Spaceships.) The Galactic Federation are the contacts of George Adamski, Howard Menger, Daniel Fry, Buck Nelson, and the Italian W56. The Galactic Federation does NOT come from Venus or Saturn or any other local planets. That was memory manipulation by the evil Omegans against Adamski, Menger, Nelson, and others in order to discredit their messages to Earth. Please see: The Non-Interference Directive of the Confederation allows different groups with their own goals to live undercover on Earth. (Please see: The Arkay Files: Series 3 'The Non-Interference Directive' from the TerraKor Files site) The three main groups living undercover on Earth are the Galactic Federation (a.k.a. Confederation), the evil Omegans, and the Alliance brothers. The Galactic Federation High Tribunal (which has authority over the local Confederation branch here on Earth known as the Sector Command) is supportive and enthusiastic that the Alliance is here in the covert war by the Confederation and Alliance against the Omegans. (Please see: The Arkay Files: 'Arkay to Gabriel Green, 1989 & 1990')

How Anyone Can Have Contact with the Confederation:

Anyone can have contact with the undercover Confederation W56 operatives. All you need is a sincere attitude of service and friendship towards the Confederation and sincerely follow and encourage others to follow the teaches of Jesus: "Those few on

Earth who do sincerely desire to learn the laws of the Infinite One must try to lead others. And we of other worlds will help them." (Adamski, George. Inside the Spaceships. 4th print. 2001. pp 164.) Then pray to God that you wish to be in their presence and serve God and their registering discs will read your thoughts (Adamski, George. Inside the Spaceships. 4th print. pp 194.) and they will either influence your subconscious from a distance with their technology to help you live a more moral life or they may send an undercover operative to help you out in life in small ways. (Adamski, George. Inside the Spaceships. 4th print. pp 225.) They never 'channel', they never give high level intel to any Earth person because we are not members of their group, and they are physical people they are not etheric. The real undercover Confederation operatives radiate powerful good energy from their bodies. They will let you know who they are through an orchestrated "co-incidence" and they will know you will know who they are. Be careful of the Omegans and other CTR's who pretend to be them. If you are sincere in teachings the laws of Jesus to others and if you see the Confederation as friends and have the intentions to serve them (Adamski, George. Inside the Spaceships. 4th print 2001. pp 228.) when you die the soul leaves the body and we have an out of body experience and the Confederation can use a soul transfer machine from a distance that can transfer your soul into a new confederation body with your memory and personality intact (Menger, Howard. Threads of Light To You. 1994. pp 81.) With faith in Jesus and sincerely following his teachings and teaching others his teachings with friendship towards the Confederation you can make it to their worlds. When you know you can make it into their worlds in the next life with your memory and personality intact due to the soul transfer machine, increase your service and humbleness even more to impress them because service and humbleness is how they live in their worlds.

The Alliance:

The Alliance brothers and sisters are from the planet Korendor from the star Korena, (Please see: 'The Master List of Planets, Version 2.0' from the TerraKor Files site.) and are friends of the Earth and have been here permanently since the 1950's. At first they retained the Non-Interference Directive and had the goal of uplifting Earth humanity to a level that would allow Earth civilization to become members of the Alliance. However after they discovered the presence of the Omegans on Earth they abandoned the Non-Interference Directive in order to combat the Omegans in a clandestine manner. (Please see: 'Project Terra Status Report: Forward.' From the TerraKor Files site.) Since 2013 the Alliance stopped the main Omegan program on Earth. (Please see: 'Arkay Questions & Answers 20131016'. From the TerraKor Files site.) However the Omegans are still around and they continue to carry out their other operations including gangstalking and electronic harassment.

The Alliance and Confederation: A Complete System (Mathew 23:23):

In Mathew 23:23 Jesus states "Woe unto you, scribes and Pharisees, hypocrites! For ye pay tithe of mint and anise and cumin, and have omitted the weightier matters of the law, justice, mercy, and faith." It is my view that the Confederation are an expression of God's Mercy while the Alliance are an expression of God's Justice. It is also my view that Earth people are an expression of God's Faith. I see the Confederation's operations on Earth as an expression of God's mercy because their main goal on Earth is to help individual people to live more moral lives and incarnate within the Confederation with their memory intact through the soul transfer machine if they choose as well as protect the Earth from evil groups. (Please see: Adamski, George. Inside the Spaceships. 4th print. 2001. pp 225 and Mass Contacts by Breccia, Stefano.) The Alliance on the other hand is an expression of God's Justice because their main goal on Earth is to defeat the evil Omegans. (Please see: 'Arkay Questions and

Answers 20090705' from the TerraKor Files site.) If you combine the Confederation who are helping individual people who are harassed by the Omegans while the Alliance is actively removing the Omegans on Earth therefore helping people as a whole on a general level you get in my view a complete system that is balanced in both helping individuals (Confederation) and the Earth people as a whole (the Alliance) in general. To me it is like a balance of Yin and Yang. I also see it as a complete system because when the Confederation is successful it indirectly supports the Alliance. When the Alliance is successful it indirectly supports the Confederation. When Earth people have faith in God and follow his laws it indirectly and directly supports the Confederation and indirectly Alliance. So this to me is a compete system. I like to be neutral. I listen to information from both the Confederation and the Alliance then do or create things that are beneficial to both groups like encouraging the teachings of Jesus to other Earth people. It is my wish that people who sincerely follow the advice in this book make it into Confederation worlds in their next life with their memory intact and with the option to either being a Confederation member and possibly helping with Confederation operatives on Earth or be neutral and help out both the Confederation and Alliance and be a member of both. While most planets are either Confederation or Alliance, some planets are neutral and are members of both like Arcturus. (Please see: 'Korendians on the Internet: Stuff That Just Ain't So. 20090407')

The Omegan and other CTR Electronic Harassment and Gangstalking against Confederation contactees and Targeted Individuals: CE5

The Omegans were originally Confederation members who chose the path of selfishness rather than service. They left the Confederation due to their lusts for imperialism and colonized two planets of the Sirius Star system. Their main headquarters was on a planet named Kaldan while their major military base was on the second planet Damat. (Please see: 'The Master List of Planets, Version 2.0' from the TerraKor Files website.) In the late 1970's

the Alliance moved in and took over the two planets. (Pluto Base Tour-1987 From the TerraKor Files website.) The Omegans decentralized and spread out infiltrating other planets to avoid being taken out. Their goal is to infiltrate planets like how a parasite infiltrates its host, then eventually use the people of those planets to eventually attack the Confederation (and Alliance). While their main program has been stopped by the Alliance, (please see: 'Arkay Questions and Answers 20131016.' From the TerraKor Files website.) they are still around and still carry out their other operations like electronic harassment and gangstalking. The Omegans and CTRs do electronic harassment through methods described in Mass Contacts by Breccia: "The CTR's little by little, were seizing the opportunity, altering documents, changing memories, even wiping out somebody's memories, injecting wrong feelings as easily as if they were showing a movie. Our friends often stressed that against all that the only possible defense should consist in a firm will..." (Please see Breccia, Stefano. Mass Contacts. 2009. pp 223.) They also use undercover operatives to play the good cop/bad cop routine. The CTR is a term for evil ET's in general derived from the W56 contactees in Italy. The Omegans are the main evil ET force on Earth. The Omegans came to Earth around 250 years ago and they use a method that is essentially the same as a parasite due to their lack of a standing army. They infiltrate a planet, take over the government and scientific fields then direct the planetary evolution in a way that suites them. Eventually they stage an attack causing many casualties and blame it on the Confederation. They then introduce themselves as the "hero's" and use the planet's citizens to attack the confederation. They are essentially manipulating a planet like a parasite manipulates its host for its own ends. They have been successful on other planets using their parasitic tactics. (Please see: 'Project Terra Status Report: Activities and Policies.' From the TerraKor Files site.) It is no surprise then that the Omegan's radiate the energy of a parasite while the Confederation radiates the energy of wisdom and friendship. How people live and think is radiated from their

bodies whether they are aware of it or not. Although their main program has been stopped by the Alliance in 2013 as mentioned earlier, they are still around and carry out their other operations like gangstalking and electronic harassment which this A.B.T.G. method will successfully counter in a realistic way if sincerely used.

(Mathew 5-7) Sermon on the Mount: An Anti-Omegon/CTR Guide for Anyone To Use

The A.B.T.G. Method

Nondenominational Christianity is recommended because it is closest to the teachings of Jesus (the teachings of Jesus are the closest on Earth to the religious beliefs of the Confederation and Alliance please see: Adamski's Flying Saucers Farewell and brother Arkay's 'Arkay Files Series 2: Korendian Religion'. Hence the Confederation and Alliance support of the teachings of Jesus as truth.) without any extra creeds. Nondenominational Christianity allows someone to be forgiven directly by God without the need of a priest. Relying on a priest to have sins forgiven hinders the A.B.T.G. system to the point it is no longer works. Cafeteria Catholics (those that pick and choose what Catholic beliefs to practice) that believe that God alone is sufficient to have sins forgiven are the exception of course.

How to use the A.B.T.G. Method:

Ask: Ask yourself “What is the Solution to All Problems?” It is breathing to gain control of your emotions and to have a clear mind to better solve problems and identify as your soul. How we breathe affects how we feel emotionally. Science has shown we can control our emotions through relaxed breathing. (Please see: Seppala, Emma. PH.D. The Happiness Track. 2016. Pp 56.)

Breathe: Breathe in four counts, hold your breath for six counts, then breathe out eight counts. (Job 27:3) Visualize breathing out any unwanted thoughts and notice your mind is clear. This clear mind is actually your soul or awareness. Identify with your clear mind which is your soul energy. (Genesis 2:7). Each time you breathe out visualize breathing out any identification with your body or its five senses (the sense of touch, taste, hearing, smell and sight) and instead identify with your soul which is your clear mind. In this way, understanding how to identify as your soul and with faith in Jesus, fear of death is not important because of faith. (John 14:1-3 and Romans 6:5) Everyone’s thought energy is radiating out of their bodies all the time affecting other people’s subconscious at a distance. So we are communicating to the subconscious of others all the time so focus on the clear mind and visualize the invisible clear mind energy extend out from you everywhere effecting others subconsciously to have a more clear mind. This will help others a little bit. This will help the positive side too. On bad days increase your breathing and clear mind.

Transform to Your Benefit: I often refer to the Omegans as parasites due to the parasitic nature of their program and the fact they really do radiate from their bodies the energy of a parasite because how people think and live literally radiates from them.

But there is another logical reason to label them as parasites. The Omegans use the voice to skull and electronic harassment to try to gain power over the targeted individual and make them feel subhuman. By remembering they literally are like parasites trying to control their host (the Targeted Individual) it discredits the Omegan faction, and puts reality in perspective, therefore shattering the God like status they try to hold over the Targeted Individual. The goal of the Omegan or other CTR groups are to ruin the morale between you and the Confederation and implement their good cop/bad cop/neutral cop routine in order to control their host in addition to the electronic harassment of the directed energy weapons, voice to skull, image to skull, and neuro-linguistic programming. So counter their evil by increasing your morale with the Confederation and neutralize the harassment (by forgiving and not reacting to the harassment and therefore proving your worth and guaranteeing making it to confederation worlds in the next life with memory intact [Mathew 5: 10-12]) and gain from the evil harassment (by using it as an opportunity to prove your worth so your prayers are more likely to be answered [Mathew 6: 33]) at the same time.

So when you are harassed by their gangstalkers or their electronic harassment such as directed energy weapons or voice to skull ect ect. breathe in and say silently to yourself:

“I forgive the Good Cop/Bad Cop Omegan/CTR parasitic harassment.”

Then breathe out and say silently to yourself:

“May the Confederation and Alliance continue to be successful and may I increase my service and humbleness” (to stay in tune with you God). Then pray for whatever you want as long as what you are praying for is realistic and within the laws of God.

The A.B.T.G. method is designed to be flexible:

While that is the general prayer, this method is also designed to be flexible. For instance, if the Omegan or CTR's are trying to

send disturbing thoughts or feelings to me about an undercover Confederation operative friend to cause problems temporary specific transformation prayers are useful. In this case I would say silently to myself:

“I forgive the Omegan/CTR harassment trying to get me to turn against my friends. I pray the Confederation has happiness in ever life.”

So the temporary formula can be as follows:

“I forgive the Omegan/CTR harassment for them doing X to me and I pray for Y” (As long as what you are praying for is beneficial to God and the Confederation.)

These temporary prayers can work in every case or situation you are facing and the results will always be transformed to your advantage.

The formula to control the Omegan/CTR's is to

- A. Forgive (This will impress God and the Confederation and the Confederation will be more willingly to help you out in addition to having your own sins forgiven and guaranteed to make it into Confederation world with your memory intact as stated in Sermon on the Mount. [Mathew 5: 10-12], [Mathew 6-14])**
- B. Then pray for what you want.(God and the Confederation will be more willing to answer your prayers because you have impressed them by forgiving the evil therefore being righteous and as long as your prayers are of service to God.) [Mathew 6: 33]**
- C. Follow the Sermon on the Mount the best you can.**

Positive results are designed to be seen over time. This is a realistic way of controlling evil ET groups to your benefit without resorting to violence because physically challenging the Omegans will get you killed. This method of A.B.T.G. will allow you to defeat

the Omegans or CTR's without resorting to violence and therefore not giving the Omegans or CTR's any excuses to get you killed.

Of course if you are not being harassed you can still pray for whatever you want as long as what you are praying for is realistic and within the laws of God and as long as you are living by the laws of God. (Mathew 7: 7-8). When you say this short prayer silently to yourself it also counters the voice to skull and neurolinguistic programing of the electronic harassment. Science has shown prayer works. (Please see: *Effects of remote, retroactive intercessory prayer on outcomes in patients with bloodstream infection: randomised controlled trial*. By Leonard Leibovici, professor. BMJ 2001 Dec 22; 323(7327): 1450-1451.)

Follow the teachings of the Sermon on the Mount so you can use the evil to your advantage. To the degree they harass you to the degree you can use their evil to you benefit. (Mathew 7: 2) When they harass you, they are guaranteeing you make it to Confederation worlds in your next life with your memory intact. (Mathew 5: 10-12) You can also use the evil ET harassers when you forgive them because when you forgive others your sins are forgiven so you are viewed by the Confederation as having super clean karma and they are more likely to help you out in life. (Mathew 6-14) Also because your karma is clean God and the Confederation is more likely to answer your prayers. (Mathew 6: 33) The Confederation has registering discs to read thoughts. (Please see: Adamski, George. Inside the Spaceships. 4th print. 2001. pp 194.) All you need is a sincere attitude of service and friendship towards the Confederation and sincerely follow and encourage others to follow the teaches of Jesus, (Adamski, George. Inside the Spaceships. 4th Edition. 2001. pp 164.) then pray to God that you wish to be in their presence and serve God and their registering discs will read your thoughts (Adamski, George. Inside the Spaceships. 4th Edition. 2001. pp 225.) and they will either influence your subconscious from a distance with their technology to help you live a more moral life or they may

send an undercover operative to help you out in life in small ways. The real Confederation operatives radiate powerful good energy of the holy spirit from their bodies. When in their presence practice being relaxed and pray the Confederation and the Alliance are successful. The presence of the holy spirit will be strong and God will be more likely to answer the prayers as long as your prayers are in service to God. (Mathew 18: 20)

Gratitude: When everything your enemy does is to your benefit you win even if you do not kill them. This method is about controlling the enemy through finesse. By using this method of A.B.T.G. overtime you will see things tend to go more your way because by using this method of A.B.T.G., you neutralize the evil ET attempts at trying to harass you and gain from it spiritually, while the Confederation will also physically interfere with the evil ET's when they try to harass you and the Confederation will help to make your prayers will be answered more often as long as what you ask for is realistic and in service to God. This way you can turn the evil parasites into medical leeches or indirect servants of God as the more they harass the more you benefit off them in service to God. When we die the soul leaves the body and we have an out of body experience and the Confederation can use a soul transfer machine from a distance that can transfer your soul into a new confederation body with your memory and personality intact. (Menger, Howard. Threads of Light To You. 1994. pp 81.) So there is no need to fear death. Of course it does not have to be evil ET's harassing you in order to use this system. You can use this system for any negative situations or people in your life in order to better serve Lord Jesus.

Finally of course be grateful to the Confederation and God for this method would not exist without either.

Sermon on the Mount: The Anti-Omegans Handbook

The more the Omegans and other CTR's harass, the more they are used to the benefit of the harassed person using the ABTG method and the more the Omegans discredit themselves because they know their type of actions led them to becoming like parasites and their energy they radiate is parasitic and they can't control the parasitic energy their bodies radiate; therefore it gives away their good cop/bad cop/neutral cop routine. Also the more evil they do the more it justifies the Confederation stepping in more directly and the mere presence of the Confederation and the good energy they radiate reminds the Omegans that it's their own karma for devolving themselves into what they have become because a long time ago they used to be confederation members with good energy before their lusts for power and control devolved them into imperialists and parasites. (Please see: 'Overview of the Omegan Situation' from the TerraKor Files website.)

The ABTG method is a complete with the assistance of the Confederation undercover operatives.

Unlike the Confederation who contacts any one who is sincere the Alliance only contact brother Bob.

The Omegans and CTRs are not 'robots' as falsely alluded too in Breccia's Mass Contacts and 50 Years of Amicizia. That false information was the result of memory imprinting to discredit the W56 message. The Omegans and CTR's are physical people but they do have robot doubles called autanoman that they use for conflict or dangerous situations. The Confederation uses autanoman as well. Lightbeings and lightships are not real. A current Omegan or CTR program is using the so-called 'CE5 contact meditation' to their benefit by using their technology to promote the idea of lighbeings and lightships to continue their

program of nonsense and junk science within the UFO community. For the lightbeing nonsense please see brother Arkay's article: 'In the News Page 2: Ashtar & Company 20100613' on the TerraKor website.

The core of the A.B.T.G. Method is the Sermon on the Mount (Mathew 5-7) teachings by Jesus. Having to live with constant harassment from undercover Omegan operatives and their electronic harassment I have found that following and living by the Sermon on the Mount works in countering the entire Omegan and CTR electronic and gangstalking program. Below I have briefly gone over the entire Sermon on the Mount with commentary on how each of the passages can be used to counter the Omegan gangstalking and harassment. After the full commentary the original Sermon on the Mount is reprinted:

Brief Overview and Commentary:

5:10-11 Jesus guarantees the more you are harassed the more you are rewarded in Confederation worlds in your next life and you make it with your memory intact. So it renders the Omegan harassment useless because the more you are harassed the more beneficial it is for you.

5:14-14 Share your moral good work with others to inspire them as well. By doing so you encourage morality and it helps sabotage the Omegan's program of encouraging genera immorality in Earth culture.

5:17-20 Jesus says be sincere in following his laws. Those who are not sincere will not be supported by God or the Confederation because the Confederation can read thoughts with their registering discs and only those who are sincere will be contacted by the Confederation.

5: 21-25 Jesus recommends not to be angry. The Omegans rely on emotional manipulation like a parasite manipulating its host. If you are not emotional the gangstalking and electronic harassment loses its effect. Try deep breathing methods to

control emotions as our emotions are controlled by our breathing. One method is to breathe in for four counts hold the breath for four counts them breathe out for four counts. The Happiness Track. You can also profit off their harassment which has been discussed in the beginning of this article. Do not murder because if you resort to physical violence against the Omegan parasites you would likely be killed by them. Let the Confederation and the Alliance do the fighting.

5:27-30 Do not commit adultery even in your thoughts because the Omegans use immoral actions and thoughts of people to discredit them. The Omegans have registering discs to read thoughts just like the confederation.

5:33-37 Again Jesus recommends being sincere in your attitude in service to God. The Confederation will be more likely to contact people who are sincere in service to God.

5:38-42 Do not retaliate physically and violently against the Omegans. Logic and tactics dictate that it is better to accept the situation no matter how bad then let the pros of the Confederation and the Alliance deal with the fighting. When you pray for what you want the Confederation is also more willing to help out or step in agains the Omegans in a retaliatory fashion justified by the evil harassment of the Omegans.

5:43-48 When you pray for good and evil alike this is also tactically logical. When you pray for both good and evil it causes less problems for the Confederation because the Omegans have less of an excuse to retaliate through their harassment and gangstalking therefore the Confederation is more justified in stepping in agains the Omegans.

6:2-4 Jesus recommends sincere caring for others. The Omegan program is to keep people at each others throats and divided caring for others sincerely counters that aspect of the Omegan parasite program.

6:5-14 Jesus recommends something that the Alliance actually does. He talks about going into a room and closing the door and praying to God in private to make a point that the relationship is with God itself and not for approval from others. The Alliance literally have prayer rooms where they go to pray by themselves alone with God.

Jesus also recommends to have a clear mind. The undercover Confederation operatives have actually recommended to me that they prefer myself and other conscreen have more clear minds so they can focus on their missions more clearly.

The Our Father Prayer is in my opinion and the opinion of brother Gabriel Green and his magazine 'Thy Kingdom Come' a prayer to bring the confederation and alliance to Earth openly 'your kingdom come your will be done on earth as it is in heaven' it mentions the reason the Confederation (Gods mercy) is here which is to make sure people can follow the laws of God without being tortured or killed out of it like the electronically harassed and gangstalked targeted individuals 'Give us our daily bread' it also recommends using evil to your benefit because when you forgive evil your sins are forgiven 'And forgive us our debts, as we have also forgiven our debtors and lead us not into temptation' and it also mentions the Alliance (Gods Justice) in getting rid of the Omegans 'but deliver us from the evil one'.

Jesus than reiterates that you can use evil to your advantage because when you forgive others your sins are automatically forgiven. But if you do not forgive others your sins will not be forgiven.

6:16-18 Jesus recommends fasting. I try my best. According to the Indonesian University Universitas Gadjah Mada article 'Discovering the Advantages of Fasting for Mental Health' by Natasha Adelayanti April 29 2020 fasting in a healthy way recommended by health professionals reduces overall stress levels.

6:19-24 Jesus says to focus on putting spiritual needs first and material Earthly needs second. An undercover confederation operative told me e essence of the Bible is to put God first.

6: 25-34 Jesus says to put God and his kingdom (which includes the confederation) first and follow his teachings then God and the Confederation will be more likely to help you out through situations to provide you opportunities to get you what you need.

7:2-6 Jesus says practice not judging others and that karma is real 'with the measure you use , it will be measured to you' Jesus also explains the hypocrisy of evil people especially the Omegans who can fit this description. They often operate through good cop/bad cop/neutral cops and in doing evil they are hypocrites when pretending to be moral. Jesus actually calls them animals 'Do not five to dogs what is sacred; do not throw petals to pigs. If you do, they may trample them under your feet and turn and tear you to pieces.' In other words do not care what a gamgstalker or voice to skull thinks as they will just use it against you. While Jesus calls evil people animals I call the Omegans parasites because that is an accurate description of how they live and operate.

7:7-12 Jesus says those who pray and sincerely follow his laws will have their prayers answered. The Confederation will help out to answer the prayers too if the person is sincere in following the laws of God.

7:13-14 Again Jesus says only those who are sincere will find results.

7:15-20 Jesus warns of false prophets. The Omegans often like to pose as undercover confederation and alliance operatives. The real alliance only contacts brother Bob. The real Confederation does contact people but they only do moral things. The undercover Omegans being wolves in sheep's clothing try to do the good cop/ bad cop/ neutral cop routine in their gangstalking but you can tell who they are because they radiate parasite energy from their bodies because how people live and think is the energy their bodies radiate. If people live in sincere service to

God and come from civilizations where everyone else also lives in sincere service to God then their bodies will radiate powerful good energy like friendship and wisdom (Jill and Don's group), calmness and friendship (Adamski's group) , peace (Daniel Fry's group), and calmness and peace (Buck Nelson's group). If people sincerely live like a parasite like the Omegans then their bodies will radiate the energy of a parasite. You can tell the energy of someone by using a version of remote viewing. In an article titled 'An Assessment of the Evidence for Psychic Functioning' by Professor Jessica Utts from the Division of Statistics University of California states that remote viewing is successful on average about 33 percent of the time. So it is useful to combine remote viewing with the following method to make a more accurate assessment when in the presence of what you believe to be an undercover Omegan operative.

A: Remote view the person either by looking at a picture of them or by physically being in their presence. Take a deep breath and relax and blow out any unwanted thoughts. With a clear mind place your focus on the person and sense whatever feelings come. If you get the feeling of an energy radiating from the person that is more like a feeling of pulling in energy like a parasite then it could be an undercover Omegan operative but there is not enough evidence yet. It could simply be wrong or it could be imprinting.

B: If the person starts doing things like gangstalking and good cop/bad cop/neutral cop and they radiate an energy of a parasite then it is definitely likely and safe to assume they are an undercover Omegan or CTRs.

C: If an undercover Confederation operative steps in and either intimidates the undercover Omegan or they let them know of their distaste of their presence then it is definitely 100 percent an Omegan or CTR parasite.

Here are images to practice remote viewing with:

How To better sense the energies of the operatives (both good and evil):

The Omegans often like to pose as undercover confederation and alliance operatives. The real alliance only contacts brother Bob. The real Confederation does contact people but they only do moral things. The undercover Omegans being wolves in sheep's clothing try to do the good cop/ bad cop/ neutral cop routine in their gangstalking but you can tell who they are because they radiate parasite energy from their bodies because how people live and think is the energy their bodies radiate. If people live in sincere service to God and come from civilizations where everyone else also lives in sincere service to God then their bodies will radiate powerful good energy like friendship and wisdom (Jill and Don's group), calmness and friendship (Adamski's group), peace (Daniel Fry's group), and calmness and peace (Buck Nelson's group). If people sincerely live like a parasite like the Omegans then their bodies will radiate the energy of a parasite. You can tell the energy of someone by using a version of remote viewing. In an article titled 'An Assessment of the Evidence for Psychic Functioning' by Professor Jessica Utts from the Division of Statistics University of California states that remote viewing is successful on average about 33 percent of the time. So it is useful to combine remote viewing with the following method to make a more accurate assessment when in the presence of what you believe to be an undercover Omegan operative.

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C: If an undercover Confederation operative steps in and either intimidates the undercover Omegan or they let them know of their distaste of their presence then it is definitely 100 percent an Omegan or CTR parasite.

With remote viewing time and distance are no barrier so it is my opinion we can even feel energy from pictures. Here are images to practice remote viewing with:



Jill and Don's group who worked with Menger. They radiate friendship and wisdom.



(Buck Nelson's Group that radiates Calmness and Peace)



Adamski and some the W56 group that radiate the energy of
calmness and friendship



Daniel Fry's group radiates a feeling of peace. The star they are from is Mirphak. They live in a giant ship rather than on a planet.

7:21-23 Jesus again places emphasis that people must be sincere in following his teachings to reap the rewards.

7:24-29 Jesus says no matter what you go through if you sincerely follow the sermon on the mount you will survive even the hardest times.

The Following is Mathew 5-7 (Sermon on the Mount) in full:

Matthew 5-7
New International Version

Introduction to the Sermon on the Mount

5 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him,² and he began to teach them.

The Beatitudes

He said:

3 “Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

4 Blessed are those who mourn,
for they will be comforted.

5 Blessed are the meek,
for they will inherit the earth.

6 Blessed are those who hunger and thirst for righteousness,
for they will be filled.

7 Blessed are the merciful,
for they will be shown mercy.

8 Blessed are the pure in heart,
for they will see God.

9 Blessed are the peacemakers,
for they will be called children of God.

10 Blessed are those who are persecuted because of
righteousness,
for theirs is the kingdom of heaven.

11 “Blessed are you when people insult you, persecute you and
falsely say all kinds of evil against you because of me.¹² Rejoice
and be glad, because great is your reward in heaven, for in the
same way they persecuted the prophets who were before you.

Salt and Light

¹³ “You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

¹⁴ “You are the light of the world. A town built on a hill cannot be hidden. ¹⁵ Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. ¹⁶ In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

The Fulfillment of the Law

¹⁷ “Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them. ¹⁸ For truly I tell you, until heaven and earth disappear, not the smallest letter, not the least stroke of a pen, will by any means disappear from the Law until everything is accomplished. ¹⁹ Therefore anyone who sets aside one of the least of these commands and teaches others accordingly will be called least in the kingdom of heaven, but whoever practices and teaches these commands will be called great in the kingdom of heaven. ²⁰ For I tell you that unless your righteousness surpasses that of the Pharisees and the teachers of the law, you will certainly not enter the kingdom of heaven.

Murder

²¹ “You have heard that it was said to the people long ago, ‘You shall not murder,^[a] and anyone who murders will be subject to judgment.’ ²² But I tell you that anyone who is angry with a brother or sister^{[b][c]} will be subject to judgment. Again, anyone who says to a brother or sister, ‘Raca,’^[d] is answerable to the

court. And anyone who says, ‘You fool!’ will be in danger of the fire of hell.

²³ “Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, ²⁴ leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.

²⁵ “Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison. ²⁶ Truly I tell you, you will not get out until you have paid the last penny.

Adultery

²⁷ “You have heard that it was said, ‘You shall not commit adultery.’^[e] ²⁸ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. ²⁹ If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

Divorce

³¹ “It has been said, ‘Anyone who divorces his wife must give her a certificate of divorce.’^[f] ³² But I tell you that anyone who divorces his wife, except for sexual immorality, makes her the

victim of adultery, and anyone who marries a divorced woman commits adultery.

Oaths

³³ “Again, you have heard that it was said to the people long ago, ‘Do not break your oath, but fulfill to the Lord the vows you have made.’ ³⁴ But I tell you, do not swear an oath at all: either by heaven, for it is God’s throne; ³⁵ or by the earth, for it is his footstool; or by Jerusalem, for it is the city of the Great King. ³⁶ And do not swear by your head, for you cannot make even one hair white or black. ³⁷ All you need to say is simply ‘Yes’ or ‘No’; anything beyond this comes from the evil one.^[g]

Eye for Eye

³⁸ “You have heard that it was said, ‘Eye for eye, and tooth for tooth.’^[h] ³⁹ But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also. ⁴⁰ And if anyone wants to sue you and take your shirt, hand over your coat as well. ⁴¹ If anyone forces you to go one mile, go with them two miles. ⁴² Give to the one who asks you, and do not turn away from the one who wants to borrow from you.

Love for Enemies

⁴³ “You have heard that it was said, ‘Love your neighbor^[i] and hate your enemy.’ ⁴⁴ But I tell you, love your enemies and pray for those who persecute you, ⁴⁵ that you may be children of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. ⁴⁶ If you love those who love you, what reward will you get? Are not even the tax collectors doing that? ⁴⁷ And if you greet only your

own people, what are you doing more than others? Do not even pagans do that? ⁴⁸ Be perfect, therefore, as your heavenly Father is perfect.

Giving to the Needy

6 “Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven.

2 “So when you give to the needy, do not announce it with trumpets, as the hypocrites do in the synagogues and on the streets, to be honored by others. Truly I tell you, they have received their reward in full. **3** But when you give to the needy, do not let your left hand know what your right hand is doing, **4** so that your giving may be in secret. Then your Father, who sees what is done in secret, will reward you.

Prayer

5 “And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by others. Truly I tell you, they have received their reward in full. **6** But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you. **7** And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words. **8** Do not be like them, for your Father knows what you need before you ask him.

9 “This, then, is how you should pray:

“Our Father in heaven,
hallowed be your name,
¹⁰ your kingdom come,
your will be done,
 on earth as it is in heaven.
¹¹ Give us today our daily bread.
¹² And forgive us our debts,
 as we also have forgiven our debtors.
¹³ And lead us not into temptation,^[ij]
 but deliver us from the evil one.^[k]
¹⁴ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins.

Fasting

¹⁶ “When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full. ¹⁷ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.

Treasures in Heaven

¹⁹ “Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. ²⁰ But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. ²¹ For where your treasure is, there your heart will be also.

²² “The eye is the lamp of the body. If your eyes are healthy,
^[1] your whole body will be full of light. ²³ But if your eyes are
unhealthy,^[m] your whole body will be full of darkness. If then the
light within you is darkness, how great is that darkness!

²⁴ “No one can serve two masters. Either you will hate the one and
love the other, or you will be devoted to the one and despise the
other. You cannot serve both God and money.

Do Not Worry

²⁵ “Therefore I tell you, do not worry about your life, what you will
eat or drink; or about your body, what you will wear. Is not life
more than food, and the body more than clothes? ²⁶ Look at the
birds of the air; they do not sow or reap or store away in barns,
and yet your heavenly Father feeds them. Are you not much more
valuable than they? ²⁷ Can any one of you by worrying add a
single hour to your life^[n]?

²⁸ “And why do you worry about clothes? See how the flowers of
the field grow. They do not labor or spin. ²⁹ Yet I tell you that not
even Solomon in all his splendor was dressed like one of
these. ³⁰ If that is how God clothes the grass of the field, which is
here today and tomorrow is thrown into the fire, will he not much
more clothe you—you of little faith? ³¹ So do not worry, saying,
‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we
wear?’ ³² For the pagans run after all these things, and your
heavenly Father knows that you need them. ³³ But seek first his
kingdom and his righteousness, and all these things will be given
to you as well. ³⁴ Therefore do not worry about tomorrow, for
tomorrow will worry about itself. Each day has enough trouble of
its own.

Judging Others

7 “Do not judge, or you too will be judged. **2** For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

3 “Why do you look at the speck of sawdust in your brother’s eye and pay no attention to the plank in your own eye? **4** How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? **5** You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother’s eye.

6 “Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.

Ask, Seek, Knock

7 “Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. **8** For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.

9 “Which of you, if your son asks for bread, will give him a stone? **10** Or if he asks for a fish, will give him a snake? **11** If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him! **12** So in everything, do to others what you would have them do to you, for this sums up the Law and the Prophets.

The Narrow and Wide Gates

¹³ “Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. ¹⁴ But small is the gate and narrow the road that leads to life, and only a few find it.

True and False Prophets

¹⁵ “Watch out for false prophets. They come to you in sheep’s clothing, but inwardly they are ferocious wolves. ¹⁶ By their fruit you will recognize them. Do people pick grapes from thornbushes, or figs from thistles? ¹⁷ Likewise, every good tree bears good fruit, but a bad tree bears bad fruit. ¹⁸ A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. ¹⁹ Every tree that does not bear good fruit is cut down and thrown into the fire. ²⁰ Thus, by their fruit you will recognize them.

True and False Disciples

²¹ “Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but only the one who does the will of my Father who is in heaven. ²² Many will say to me on that day, ‘Lord, Lord, did we not prophesy in your name and in your name drive out demons and in your name perform many miracles?’ ²³ Then I will tell them plainly, ‘I never knew you. Away from me, you evildoers!’

The Wise and Foolish Builders

²⁴ “Therefore everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock. ²⁵ The rain came down, the streams rose, and the winds blew and beat against that house; yet it did not fall, because it had its foundation on the rock. ²⁶ But everyone who hears these

words of mine and does not put them into practice is like a foolish man who built his house on sand. ²⁷ The rain came down, the streams rose, and the winds blew and beat against that house, and it fell with a great crash."

²⁸ When Jesus had finished saying these things, the crowds were amazed at his teaching, ²⁹ because he taught as one who had authority, and not as their teachers of the law.

What to Expect when in contact with undercover Confederation Operatives

The W56 is another name for the Galactic Federation. Earth is in Galactic Federation territory. Their operatives are here to keep the CTR's in check and to help people to spiritually evolve. They are born here on Earth through the use of a soul transfer machine that transfers their soul at a particular time of development into the womb of a chosen mother and then they are born on Earth with their memory intact in regards to their mission. Both the Confederation and the CTR's do this. Interestingly I have seen many times where undercover CTR's give birth to undercover Confederation operatives and undercover Confederation operatives give birth to undercover CTR's. Both the parent and the child know who they really are but they go on pretending to live normal lives because they are here undercover either to manipulate and control through torture (CTR) or to protect people and help them to evolve (W56).

(As a side note they can also use the soul transfer machine to transfer their soul with their memories intact into any body suited for any particular planet according to the gravitation and oxygen levels ect ect.)

In the 1950's the W56 also known as the Galactic Federation came openly to Earth because their Non-Interference Directive allowed them too due to the fact that Earth civilization as a whole was threatened. However in modern times (2020) civilization as a whole is not under as much of a dire threat so the W56 mostly contact people indirectly. The examples below are from my own experience with them so others who are sincere I support of the W56 can know what to possibly expect:

In the book Mass Contacts by Breccia there is a Chapter titled "Amicizia still going on". In the book 50 Years of Amicizia Chapter 11 'What begins must finish" states that when they still contact their contactees but in an indirect manner: "Since then they have always found a way to let me feel their presence round me, mostly with 'tricks' and 'jokes' of various kind, always harmless (the last one just a few days ago), a reassuring feeling after all. So, only my direct involvement with them came to an end. They are still around...one winter afternoon Bruno asked me to take him on the shore of Montesilvano. Of course, due to the season, there was nobody around. When we arrived to the shore, we found the word "Benvenuti" (welcome) written on the sand with letters one meter high, without any footprints around! Bruno was a bit comforted."

My personal examples include feeling the tremendous good energy that the operatives radiate from their bodies.

How To better sense the energies of the operatives (both good and evil):

The Omegans often like to pose as undercover confederation and alliance operatives. The real alliance only contacts brother Bob. The real Confederation does contact people but they only do moral things. The undercover Omegans being wolves in sheep's clothing try to do the good cop/ bad cop/ neutral cop routine in their gangstalking but you can tell who they are because they radiate parasite energy from their bodies because how people live and think is the energy their bodies radiate. If people live in sincere service to God and come from civilizations where everyone else also lives in sincere service to God then their bodies will radiate powerful good energy like friendship and wisdom (Jill and Don's group), calmness and friendship (Adamski's group), peace (Daniel Fry's group), and calmness and peace (Buck Nelson's group). If people sincerely live like a parasite like the Omegans then their bodies will radiate the energy of a parasite. You can tell the energy of someone by using a version of remote viewing. In an article titled 'An Assessment of the Evidence for Psychic Functioning' by Professor Jessica Utts from

the Division of Statistics University of California states that remote viewing is successful on average about 33 percent of the time. So it is useful to combine remote viewing with the following method to make a more accurate assessment when in the presence of what you believe to be an undercover Omegan operative.

A: Remote view the person either by looking at a picture of them or by physically being in their presence. Take a deep breath and relax and blow out any unwanted thoughts. With a clear mind place your focus on the person and sense whatever feelings come. If you get the feeling of an energy radiating from the person that is more like a feeling of pulling in energy like a parasite then it could be an undercover Omegan operative but there is not enough evidence yet. It could simply be wrong or it could be imprinting.

B: If the person starts doing things like gangstalking and good cop/bad cop/neutral cop and they radiate an energy of a parasite then it is definitely likely and safe to assume they are an undercover Omegan or CTRs.

C: If an undercover Confederation operative steps in and either intimidates the undercover Omegan or they let them know of their distaste of their presence then it is definitely 100 percent an Omegan or CTR parasite.

With remote viewing time and distance are no barrier so it is my opinion we can even feel energy from pictures. Here are images to practice remote viewing with:



Jill and Don's group who worked with Menger. They radiate friendship and wisdom.



(Buck Nelson's Group that radiates Calmness and Peace)



Adamski and some the W56 group that radiate the energy of
calmness and friendship



Daniel Fry's group radiates a feeling of peace. The star they are from is Mirphak. They live in a giant ship rather than on a planet.



The Omegans and CTR's radiate a parasite type of energy such as the Omegan/CTR undercover operative kneeling in the center of the picture.

I believe they also influence our subconscious or do imprinting on the brain to make us recognize their energy and also I believe there is also a natural ability to sense their energy. The examples listed here are from around 2017-2021. The W56 contacts with undercover operatives in an indirect manner continues with me to this day. One last note. The real undercover Confederation operatives never 'channel' and would never give any high level intel to any person because we are not members of their group yet. They are physical and not so-called 'etheric'.

1: I was looking for a health care place for a degenerative disease that I have and I saw a picture of one of the practitioners and I sensed strong good energy coming from him. I booked an appointment with him and the gentlemen gave me good advice on Jesus but only when I asked. He knew I knew who he was. He was very kind and humble and he truly followed the 7 Virtues of Christian teachings. The W56 are here to be good examples for us to actually live by the teachings of Jesus not only talk of them. He taught me more about morals of the bible particularly the Fruits of the Holy Spirit. My favorite is Sermon on the Mount because it is most helpful in the war against eth CTRs. The advice of this gentlemen can be found in my book: The Adamski and Menger Series: How To Get To the Top State on Earth in 2 Steps. The energy the gentleman radiated was that of Jill and Don's group. So practice feeling the energy from the following picture as everything is inter-connected by God's energy:



2: Another undercover operative of Jill and Don's group appeared one day as a security guard. They influenced my subconscious to look in their direction and I felt the similar Jill and Don energy. After that on lunch breaks from my work I would often drive to the place where they worked as the security guard and I would listen to the Song of Saturn by Howard Menger. The song can be listened to here:

<http://tinyurl.com/SongofSaturn2>

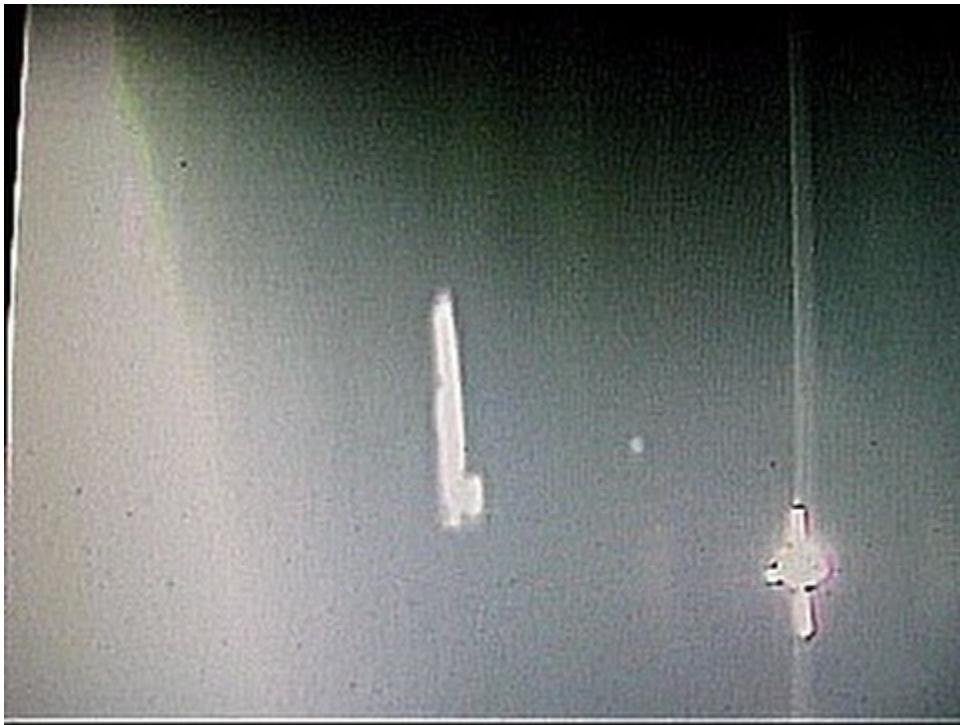
It is designed to influence the subconscious in a positive way for anyone who listens to it. They are NOT from Saturn or Venus by the way. There is no native life on any other planets in our solar system. The myth that life exists on other local planets was a result of imprinting on the contactees by the evil Omegans. This was stated in brother Bob Renaud's Terrakor Files Alliance-Terran Communication Center website under the section 'Spurious Contacts Files'.

I believe they moved in close to where I live as I can feel their wonderful presence. It's like a surreal dream that I don't want to end!

3: Another undercover member of Jill and Don's group is simply a friend. Sometimes I hang out with them and sometimes we play video games. In this there were no lessons for me we just hang out. When I first saw them their Jill and Don energy was very powerful and it radiated throughout the building. They have however protected or retaliated against CTR's harassment by harassing them back or by stopping the gangstalking. I am eternally grateful for my wonderful friend.

4: Another undercover operative was involved with Christian ministry. I remember they influenced my subconscious by getting my attention and I was in church and came to the realization that they were an undercover W56! The energy they radiated was Jill and Don's group energy. After church was finished I went up to him and shook his hand and he said "You're a saint." Then I said "No way. You are the saint." And he said "I know!" It was awkward and hilarious at the same time. Since then I have seen that friend many times and I am eternally grateful to them. They often give sermons with very good advice and I try to follow what they say the best I can. I am eternally grateful to them. There are many other cases of friendship with this group including when I worked picking up trash and I would often see an undercover operative of Jill and Don's group who was a Mexican gardener and I would talk with them. Their energy was awesome.

5: My favorite group is Buck Nelson's group because they radiate the energy of Calmness and Peace. Feel the good energy of their ship from the picture here. The cigar shaped ship is in the center of the picture:



This group is the group I wish to make it into in the next life with my memory intact. In this case the harassment from the CTR's are very useful as the more I forgive them the more I impress the Confederation and God and they are more likely to use the soul transfer machine at my time of time to transfer my soul into a new body with their group with my memory of Earth in tact. What I do is when I am harassed by the CTR's I forgive the CTR's then pray I make it to Buck Nelson's group in the next life with my memory intact. A very cool health care worker from this group said indirectly that I will make it with their group in the next life. The information is still over my head because its so amazing I don't even know how to react like it is over my head! They would be in my presence and I would become more calm because the energy they radiate is calmness and peace and I am eternally grateful to them for coming here to be good examples and help to keep the CTR's in check.

6: Another Buck Nelson undercover operative who is totally awesome to me at one point protected me from their undercover CTRs! They were about to do something then they walked in the

way of the CTR blocking them from whatever they were planning to do. Afterwards the CTR was nicer to me as a result of the brief conflict with the Buck Nelson undercover friend.

7: Another funny incident with Buck Nelson's group was I was not thinking very positive thoughts and the Buck Nelson Undercover operative walked in and for a split second I saw how they looked in their worlds and she looked absolutely gorgeous! I heard the accounts from Adamski but it does not seem to do it justice. It was like for a fraction of a second I don't know how they did it with their technology or (imprinting?) but it was amazing.

8: Another undercover Confederation W56 operative from Buck Nelson's group has a presence on youtube but for obvious reasons I will say no more than that. I can sense their awesome calmness and peace through the videos they know that I know who they are. They have registering discs that read my thoughts so they know. They are one of my heroes. There good examples have inspired many and I pray that they continue to have much success. There are other Buck Nelson operatives who I am close too but I do not wish to share the details as I have learned much and it is too personal. I hope to continue to try to be a good moral person despite the harassment from the CTR's in order to impress them. They are part of my inner circle but I don't wish to speak anymore about it.

9: I am also friends with Adamski's undercover operative group. Their energy is that of Friendship and Calmness like from the W56 ship in the picture here:



This group are truly heroes to me. The CTR's were harassing me with their undercover operatives as usual for a time. Then one day two people with Adamski's group energy showed up. What followed was nothing short of heroic. Firstly I sensed their Friendship and Calm energy and they knew I knew. Then they were waiting until the CTR got close to harass me again then one of the W56 stepped in and threatened them indirectly. The CTR eventually got the message after several more attempts of trying to harass me and stopped the harassment. They did try several other times but the W56 would once again threaten them. In this underground war between the W56 and CTR's everything is passive aggressive in manner. All actions are based on indirect intimidation, threats, or assassination made to look like accidents. It was the result of this conflict that I learned about the Sermon on the Mount and how to use the harassment of the CTR's to my

advantage by forgiving their evil so my sins are forgiven in order to impress the Confederation and God. Also as a result of that conflict I have had a more clear mind but have had some trouble due to the constant voice to skull and neuro-linguistic programing that Dr. Duncan talks about. However another friend from Adamski's group helped to remind me to breathe in and say 'God's' and breathe out and say 'Blessing' and it reminds me to use evil to my advantage and that inner mantra helps to reduce the neuro-linguistic program and take attention away from the voice to skull attacks. Adamski's group truly are heroes to me.

10: Last but not least there is Daniel Fry's group. They radiate the energy of calmness like the star Mirphak. They live in an artificial ship that radiates the star:



In one instance an operative who I think is from Daniel Fry's group (or maybe they are from Buck Nelson's group I am not sure) came walking fast up to and stood extremely close in an intimidating fashion towards a CTR who crossed a line in their attempts to harass me. The confederation operative is a good friend and I have hit it off with them more than most other operatives when

talking with them. When I am in their presence my mind is always more clear and that combined with their good sense of humor makes it fun to hang out in their presence.

11. There is another Daniel Fry operative so I won't say much about other than I'm honored they have been in my life so long. Only recently they revealed themselves to me and I am happy they have done so. Its like a wonderful dream. And I hope to see them and all my W56 friends in the next life with my memory intact and I know I will do so as long as I continue to follow the teachings of Jesus.

12. In 2020 I was being constantly subtly gangstalked by an undercover Omegan and my undercover Confederation operative friend showed up and subtly let the undercover Omegan operative know to stop doing the harassment and they stopped the harassing for a while. Since the Omegans read my thoughts, sometimes I think of that image of the undercover Confederation friend letting the undercover Omegan to know to stop their harassment so I know they see that thought image from their Omegan registering discs to remind, myself and the Omegans there are other groups besides them here and to counter the psychological impact the Omegans try to impose. Never physically challenge the Omegans. Let the Confederation do the fighting they are the pros. I am eternally grateful to that undercover Confederation friend.

13. A current Omegan or CTR program is using the so-called 'CE5 contact meditation' to their benefit by using their technology to promote the idea of lighbeings and lightships to continue their program of nonsense and junk science within the UFO community. I know this because two undercover Omegan operatives pretended to be nice to me and tried to encourage junk science. Later that night I was standing outside and I saw what was intended to be a 'lightship'. 'Lightships' and other 'ET's from alternative dimensions' nonsense are part of the Omegan disinformation program. Please also see brother Arkay's article: 'In The News Part 2: Ashtar and Company 2010613' and the

'Spurious Contacts Files: Policy Decisions (spurious) 7 December 1963, 0100' on the TerraKor Files site.

14. Thanks to the Confederation I have become a gangstalker and the Omegans have become the Targeted Individuals, at least by definition in a realistic way. While the Omegans continue to harass me through directed energy weapons and occasional under cover Omegan gangstalking (the Confederation usually puts an end to the gangstalking) it is more like a Targeted Individual harassing individual gangstalkers. What makes a gangstalker and how did I become one against the evil Omegans and in service of the side of good? Well by definition in my opinion the Omegans are targeted individuals because since 2013 the Alliance has stopped their main program on Earth. (Please see: Arkay Questions and Answers: 20131016.) From personal experience the Confederation steps in when the Omegans go too far in their harassment therefore the Omegans are being spied on and gangstalked by the Confederation. They are also discredited as parasites and the Confederation knows it. When someone has their life plans thwarted, and they are spied upon, gangstalked, and discredited in an organized manner they are targeted individuals. Therefore in my case the Omegans are targeted individuals. In this case it is a form of Omegan karma. They did it to themselves. It all started when one day I was in a busy parking lot thinking the Omegans will get what they deserve by God and the Omegan registered discs read my thoughts and undercover Omegan operatives were laughing at the thoughts. They left the impression that believing in morals and service is stupid. Later I randomly came across Galatians 6:7 which states: "Do not be deceived. God cannot be mocked. A man reaps what he sows." After I saw that I realized that the Omegans by their own choice chose to devolve themselves into parasites because all they do is take through immorality and selfishness. In doing so they made an entire program that is entirely parasitic which involves infiltrating the planet and manipulating the planet to their own ends and eventually using the planet's people to attack the Confederation like a parasite manipulating its host. However by

devolving their tactics into parasitism, they created for themselves one glaring flaw, they are dependent upon the host to carry out their plans. If the host finds out, the host can manipulate the Omegan attempts to control others to their benefit. See the A.B.T.G. method mentioned in this book. In reality the Omegans are fools who thought they were smart for devolving themselves into parasites and creating glaring weaknesses for themselves such as their dependency on their hosts. Never under estimate them of course, but in this case they are fools getting what they deserve.

15. I have had a chronic disease for a while now. At one stage the situation was critical. I went for the next MRI and the results were a miracle! The disease had disappeared at the critical areas on the MRI. Praise God! The doctors were puzzled. Later I was at a church meeting and the chronic disease was brought up and my undercover Confederation laughed and I knew at that point that they had helped out to answer my prayers. For that I am eternally grateful to the Confederation.

In regards to being in contact with undercover confederation operatives you can do this too and have similar stuff happen with you if you are sincere in service to the Confederation W56 and follow the teachings of Jesus.

One last note: Be careful of the CTR's because they often like to pose as undercover Confederation operatives. For a while they tried to influence my perception to make me believe they were robots which is not true. The myth that the CTR's are robots was the result of memory manipulation against the W56 contactees in order to discredit their message. The CTR's are rebels from the Confederation and other evil groups. Also be careful that they also pretend to be the Alliance. The real Alliance contacts brother Bob Renaud only and no one else. You can tell the difference between the CTRs and the W56 because the real W56 operatives radiate powerful good energy from their bodies and they never do anything evil to Earth people. The Omegan and CTR program is parasitic. Their entire purpose is to infiltrate the host planet and

cause problems eventually infiltrating scientific and military then directing the host planet to their own ends without the population finding out who they are. They operate like parasites which is why I refer to them as such.

The Buddha, Lester Levenson, Moses, and Ramana Maharshi

Howard Menger mentioned in the documentary UFO Secret: Alien Contacts by Michael Hesemann that both Moses and the Buddha were Confederation contactees. Lester Levenson who is a known American Master similar to the Buddha also had contacts with undercover Confederation operatives. James E. McDonald was a UFO Investigator and skeptic and critic of both Howard Menger and Lester Levenson. Lester was friends with Howard Menger. Below is a letter McDonald wrote about Lester and his contacts with undercover Confederation operatives. Although the letter is critical of Lester I am showing the letter in its entirety for historical purposes and because is an admission that Lester stated he had contacts with the Confederation:

"Letter to Isabel Davis, dated Jan. 13, 1968

Which reminds me, I was on the phone 30 minutes this AM with a fellow from Phoenix who hears voices. Said he was a physicist and wanted to talk to me about certain information he had about UFOs "beyond just what they are". I have always backed away quickly from evident crackpots -- but partly because I had Condon's preoccupation with them in mind, I decided to stay with him and to hear him out, talk physics with him if possible and see just what happened. The answer was it was a waste of time -- and I'll not waste yours too by relating his extremities. It only served to increase my conviction that Condon's intuitions ought to match mine in suggesting that one ought not spend a nanosecond on the crackpots.

Your remarks on prevalent reluctance to consider seriously the inexplicable and the anomalous prompt me to observe that one can't condemn a healthy skepticism ("it's doubt that gets you an education"), the objectionable practice is to go far out of one's

way to sneer at anomalies that one has never even superficially checked. There's plenty in past history to teach the virtues of an innate skepticism about reports of the weird and the wonderful.

In a break of several hours that interrupted the last paragraph, I back-tracked to the subject of the paragraph before. The Phoenix "physicist", with who I'd had my AM conversation about the chances of H-tests at 500 miles up initiating a chain-reaction in our hydrogen-rich upper atmosphere where the earth's magnetic field tends to align all the hydrogens so that they are inordinately sensitive to chain-reaction, stayed on my mind. He had told me in the conversation that he'd been in contact with space people a number of times.

But I'd steered the conversation to physics and soon got more than an earful, despite his basically diffident manner of presenting it to me. I decided I'd call the name and number he gave me, thereby getting some check on his being "sincere", and take the time to draw out his contact story. So I put in an hour on the phone with him. I must say that this hour was more educational than the earlier call on his curious ideas of physics and chemistry.

First, it turns out, you'll probably recognize the fellow, because after talking with him and realizing he had been associated with Menger [Howard Menger, a UFO "contactee"], I spent a couple of hours scanning Menger's From You..., and then recalled that the C.S.I. Newsletters had good stuff on Menger. In No. 19, I found a reference to my Phoenix caller, Lester Levinson. He was involved in Jules St. Germain's stakeout, along with Howard himself. Lester is a soft-spoken, unassertive, man who seems to have great good will toward his fellow men and a very capacious credulity. He's now giving financial support to a Phoenix "chemist" who has a unified field theory and who has been the first person ever to make it clear to Lester how magnetism and gravity work. Briefly, they work, I learned, by photons bumping into matter, being deflected and thereby setting up magnetic and gravity forces.

What was mildly educational was to listen to a man who could be so willing to believe. Lester could never be an Adamski or a Menger, leading a crackpot cult. But he could follow them all,

implicitly and with wallet half-opened for the approaching collection plate. Where did he meet the many space people with whom he'd spoken? Yes, it was true that the only places he'd actually met them were at lectures and meetings in New Jersey and New York, lectures on UFOs. And how did he know they were space brothers? Well, mainly because they knew his own name though Lester had certainly never met them before, they knew a lot about his personal life and his real estate business, and also they emanated a warmth, projected a feeling of deep brotherhood, he emphasized. So there was just no doubt that, though they looked just like anyone else you might see on a city street, they were space brothers.

I listened and asked polite questions and marveled at his good-willed gullibility. He did think Howard Menger exaggerated and made up things "later on", but the accounts that Howard gave at the start, Lester felt sure were true. Why? Because Lester had gone to Menger's place and was taken out into the woods where a pulsating light showed through the trees from a distance, and a tall, shadowy figure came out of the darkness, talked to Howard, and proved conclusively that Howard was at least then in direct contact with the brothers. Lester's retired now, but devoting much of his time to helping Anthony Sarantitus, a Greek chemist who has proved his deep insights into unified field theory by developing a type of aluminum recently that has 300% higher thermal conductivity than copper.

Is Sarantitus getting any Federal support? Oh, no, he would not want to have his work classified, because he wants above all to make it available to the people of the world. But it will take 20 to 30 years to perfect the theory, and in the meantime, Lester is giving him as much support as his means will permit.

As I said, it was educational. "

James E. McDonald, world famous scientific investigator of ufos--author numerous books on the subject.

<https://groups.google.com/g/alt.self-improve/c/MmOmCSa4IKU?pli=1>

Finally another sage or master I believe Ramana Maharshi had unknowingly been imprinted by the Confederation when he was young which eventually led him to realize he was not the body.

While both Ramana Maharshi and Lester Levenson said the “true self is all” I would have to disagree. It is my belief the ‘self is all’ attitude was a result of CTR imprinting interfering with the Confederation imprinting. The evil Omegans support the belief that the self is all rather than the intelligence of God is all. This can be seen in the article on brother Bob’s excellent TerraKor Files site titled: “Untitled 1 Dec 1962 (spurious)” in the Spurious Contacts Files section of the site.

In reality both the Alliance and Confederation worship God as the intelligent creator of all. So while Lester, Ramana, the Buddha, and Moses were all Confederation contactees I believe the advice of Lester, the Buddha, and Ramana are not entirely accurate. Moses is much more accurate while the teachings of Jesus are the truth. This was stated by the Alliance (see: Arkay Files On God and Religions Sept 15, 1989 from the TerraKor Files website) and the W56 recommended the teachings of Jesus in Mass Contacts by Breccia.

The Purpose of the Conflict

Right now the conflict on 23 planets (one of them Earth) regarding the Confederation, the Alliance, the Omegans, and the Syndicate (the backers of the Omegans) is being watched by a group known as the Moderators. The Moderators are pure energy and can instantly terminate the Omegan/Syndicate groups if they so choose however they are choosing to study the conflict instead to see if good really is stronger than evil. There have been small skirmishes in this part of the galaxy in the past with good and evil being evenly divided in regards to the winners. There has never been a conflict of this magnitude and the moderators are very interested in seeing who will win the conflict. The winners will be awarded this galaxy and they will run this galaxy so the moderators can see if the winners can maintain their civilizations. (Please see: 'An Overview of the Omegan Situation Message date: 3/28/1997' on the TerraKor Files website)

It is my opinion that if the good guys win the Omegans exist in order to make examples of themselves from the conflict. Originally the Omegans were Confederation operatives (please see: 'An Overview of the Omegan Situation: Section 3 Bulliten Board Posts) who disagreed with the Confederation policies and eventually chose a path of immorality and selfishness eventually devolving themselves imperceptibly into the sad state they are in now which is living like a parasite because they lack an army to openly take over planets. As a result their bodies radiate the energy of a parasite because of how they live and act due to their tactics and because they are very selfish so all they do is take as opposed to the Confederation who radiate good energy from their bodies because all they do is serve and have morals. It is my opinion that God wants to make examples of the Omegans through this conflict to show that groups that choose immorality and selfishness devolve themselves into parasites and ultimately

get destroyed. The lesson of course would then be do not devolve yourself into a parasite and follow morals and practice serving God. Only time will tell if the positive side is successful.

More Information:

Books by Lucus Louize: All books can be found on amazon.com.

Adamski and Menger Series: How To Eliminate the Ego and Get To A Top Spiritual State On Earth In 5 Steps Plus An Unbeatable Method To Support the Confederation W56: (Also for TI's) 2nd Print Edition.

The Space Brothers Do Not Come From Venus: The More Accurate Teachings of Adamski, Menger, Fry, Nelson, ect. ect. 2nd Print Edition

Galactic Federation: A 5 Point Plan: How To Overcome Electronic Harassment (For Targeted Individuals) 3rd Print Edition

George Adamski, Howard Menger, Daniel Fry, Buck Nelson, and the W56: The Galactic Federation Are Our Friends: How Anyone Can Contact the Real Galactic Federation (2nd Print Edition)

How To Join The Galactic Federation Sector Command In the Next Life In 3 Steps: About the Teachings of George Adamksi, Howard Menger and Daniel Fry

From Outer Space To You (Annotated) by Howard Menger Forward and Edited by Lucus Louize

My Trip To Mars, The Moon, and Planet A by Buck Nelson Forward and Edited by Lucus Louize

The Adamski and Menger Series: How To Get To The Top State On Earth In Two Steps Plus Undercover Confederation Agent Advice For All In 8 Parts by Lucus Louize

Friends:

Brother Bob Renaud's excellent TerraKor Files Alliance-Terran Communication Center website:

<http://berkshire.net/~brenaud/index.htm>

(Permission for links granted by brother Bob in April 2018 on the Alliance website guestbook. The guestbook is now closed due to a troll.)

Appendix:

The Space Brothers NOT From Venus, There are NOT 12 Planets in Every Star System and Other Information

The space brothers of George Adamski, Howard Menger, Buck Nelson among others DO NOT come from Venus. The contactees claimed they did because their memory was manipulated by technology from a distance by the Omegans. The Alliance has stated this in the 'Spurious Contacts Files' of brother Bob's Alliance Terran Communications website. The Confederation alluded to it in the book Mass Contacts by Breccia. In the book Bruno Sammaciccia writes: The opposing groups would use their technology to do things to the Confederation contacts like: "... altering documents, changing memories, even wiping out somebody's memories, injecting wrong feelings, as easily as if they were showing a movie. Our friends (the Confederation- ed) had often stressed that against all that the only possible defense should consist in a firm will..."

As also stated in the title, there are NOT 12 planets in each star system. This was falsely stated in Adamski's book Inside the Spaceships which was also due to Omegan memory manipulation against Adamski to further discredit the Confederation message in addition to the false claims they are natives from Venus or any other planet in our solar system. In reality many star systems have different numbers of planets orbiting their stars. For a real description of Confederation and Alliance planetary star systems and their number of orbiting planets please see the Masters List of Planets Version 2.0 on the Alliance-Terran Communication Center website.

As for other misinformation to be corrected, the CTR's mentioned in the W56 Friendship Case documentary and the books 50 Years of Amicizia and Mass Contacts by Breccia are NOT robots. The CTR's are Omegans and other groups who do not have the Earth's best interests in mind. The Omegans were originally rebels from the Confederation and can be labeled as the Anti-Christ as Menger stated in From Outer Space to You.

Other bits of memory manipulation to discredit the Confederation message include brief claims of 'fairies', 'sasquatch like creatures' and other nonsense.

Rolf Telano who shared a part in Daniel Fry's book the White Sands Incident and the 'etheric' information mentioned in his 'The Coming of the Guardians The Rolf Telano Communications' is also nonsense as any mention of etheric beings on other planes of existence on Earth is also memory manipulation as also stated in 'The Spurious Contacts Files'. The Alliance brothers and sisters are physical people and the Confederation friends are physical people as well as stated on the Alliance website and by Adamski regarding the Confederation. And while the higher realms do exist however the higher realms can mostly only be contacted through their masters of their groups as the Alliance site states.

For more real information about the Omegans and the Alliance please see brother Bob's Alliance Terran Communications website at:

<http://www.berkshire.net/~brenaud/index.htm>

(Permission for links granted by brother Bob in April 2018 on the Alliance website guestbook)

For information about how anyone can contact the real Confederation and their undercover agents in indirect ways, how to incarnate into their worlds with your memory of your past life on Earth, and how to meet them in order to possibly create friendships with them so a more moral Christian centered culture

could one day be created (Adamski met the pope and gave him something the Confederation wanted the pope to have. The Confederation are considered the 'Angels'. The Alliance also recommends the Christian religion as stated in brother Arkay's Arkay Files.) so the Confederation could come openly to Earth one day please see books by Lucus Louize on amazon.com or the website libertad450 at youtube.com.

'Free Energy' is Fake, 'Lightbeings' are Fake, the Integratron is Fake, and Other Accurate Information

On Oct. 1st. 2018 an excellent article by brother Arkay titled: 'Arkay Questions and Answers 1018 1001' goes into some detail on the subject of 'free energy' and other junk science brought up by brother Bob.

I like the article because it helps to clear up the misinformation regarding so called free energy within the UFO movement. Although not specifically referenced in brother Arkay's article, the Integratron by VanTassel can apply here.

Brother Arkay writes regarding 'free energy' and junk science "If the ads are loaded with scientific-looking buzz-words or irrelevant math equations..." they are scams.

This can readily apply to the Integratron. On the Integratron .com website it states:

"The purpose of the Integratron is the rejuvenation of the human body, similar to recharging a battery, and basic research in time travel. According to VanTassel, the Integratron is located on an intersection of powerful geomagnetic forces that, when focused by the unique geometry of the building, will concentrate and amplify the energy required for cell rejuvenation..."

In other words it's a scam. I should also point out that I am in agreeance with Mr. Adamski that the Confederation agents are fully physical and not etheric. The etheric and junk science nonsense tended to appear with VanTassel and others which influenced Howard Menger later in his life. VanTassel helped to set up Connie with Howard co-incidentally as stated in his From Outer Space To You. Connie Menger also spread misinformation about 'etheric beings' or the fake so called 'light beings' as can be seen later in Menger's life. The etheric beings ('light beings')

talked about by VanTassel, Connie Menger, Rolf Telano and others are disinformation and distractions from the reality of life in the universe and the reality of the Confederation and the Alliance. Van Tassel was the first to mention the fictional being known as "Ashtar" in his 1952 book I Rode A Flying Saucer. (1952). As stated earlier I am in agreeance with Mr. Adamski and brother Bob, brother Arkay and the rest of the brothers and sisters of the Alliance when they say the true Confederation and Alliance agents are mostly physical not etheric and I am glad the Alliance is bringing to attention the junk science that pervades so much of the internet and UFO movement. Also Adamksi, Menger, and others spoke of life on Venus, 12 planets on every star systems ect. but this was because their memory was manipulated by the enemies of the Confederation and the Alliance who are designated as the Omegans. (Or CTR's but they are not robots they originally began as rebels from the Confederation) For more information please see the Spurious Contacts Files on brother Bob's Alliance Terran Communication Center Website as well as the article 'Arkay Questions and Answers 1018 1001' and '20100613 — Ashtar & Company' The Alliance uses nuclear energy for peaceful purposes. Earth people can too. Please see: 'COMMUNICATION FROM ARKAY OF KORENDOR Date of reception: 12 October 1988'.

A snap shot of some of the brief discussion with brother Bob and myself on his now closed TerraKor guestbook. My real name is Nick. Lucas Louize is my pen name.

The screenshot shows a web browser window with the URL www.guestbookcentral.com/guestbook.cfm?guestbook=66064. The page displays two guestbook entries.

Guestbook Entry 1:

Date:	04/21/2018
Guest:	5 (Reference ID: 2196115)
Name:	Bob R
Age:	75
Homepage:	None
Comments:	<p>Brother Nick, trolls are among the negatives about providing a guestbook on a website or forum. However, it's generally a useful and constructive addition to a site. Feel free to link to TerraKor or to any page on it. The index page: http://www.berkshire.net/~brenaud/index.htm Va i luce, gentle brother!</p>

Guestbook Entry 2:

Date:	04/20/2018
Guest:	6 (Reference ID: 2196097)
Name:	Nick
Age:	37
Homepage:	https://www.youtube.com/libertad450
Comments:	<p>Sorry to see such nonsense about the moon being posted here brother Bob. Also it seems things have not changed much since the 1960's and people (probably some cointelpro ops) still claim all contactees are doing it for profit or fame. The book on amazon by Lucas Louize (my pen name) has a review that says the author (me) cons their readers "Does the phrase 'I want my money back conartist' mean anything? ...Save your money and dont buy this book unless you want to be fleeced, conned..." https://www.amazon.com/gp/aw/review/B0728GT6N9/R29NLFTUT7SB19/ref=cm_cr_dp_mb_rvw_2?ie=UTF8&cursor=2 and they go on to bash Christianity because I promote it in the book. (Never mind the W56, undercover W56 friends I've talked with and yourself and the Alliance all who are far more advanced morally and technologically recommend the Christian beliefs.) I think its good you have the last word in this guest book post so people can see what the poster is saying is nothing but nonsense regarding the moon and their false claims of fame and profit. By the way brother, is it Ok if I get permission from you to post a link to your TerraKor website on my youtube channel and to make the link to your website in the books official? It might be good advertising for the business of the restaurant that you make a raving review about on Korendor if they check out your site through my youtube channel. :)</p>